Two Great Events – One Day • June 6

Golf Fest / Demo Day: 10am–3pm, Tanyard Creek Practice Center, 10 Nature Trail Lane It’s time to say goodbye to those old clubs and hello to the 2020 golf season. The Bella Vista Golf Fest is a FREE event open to all golfers throughout Northwest Arkansas. Callaway will be showcasing their newest equipment. They will have expert fitters along with launch monitors to help fit clubs for each individual golfer – ensuring that golfers are playing with the proper equipment.

Kayak Demo Day: 10am–3pm, Lake Ann Park, 13 Windermere Ln. Ozark Mountain Trading Company will have over 50 different models to try. Representatives from the top manufacturers will be on hand to answer questions, as well as experts from Ozark Mountain Trading Company. Special deals on kayaks and canoes. Come prepared to test products and get wet.
Custom Club Fittings - FREE
Whether you are looking to get fit for a driver, irons, putter, golf ball or anything else, we have experts that will help find the right golf equipment for your game.

Fitting is a process in which a trained fitter creates a set of clubs that are perfectly matched to your swing. To do that, every aspect of the club is studied—from head and shaft to grip, loft, lie angle and feel.

Fittings are important for every golfer. In fact, the less skilled player actually have less ability to make the necessary compensations for poorly fit equipment. If you strike the ball too close to the heel or toe of the club, or the sole bottoms out on the heel or toe, your clubs might be too long or short for you. So get fitted from anyone of the Bella Vista Professional Golf Club Fitters.

For more information, please call or email:
Hillery Sence, (479) 855-8133 • hillerys@bvvpoa.com
Gavin Smith, (479) 855-8123 • gavins@bvvpoa.com
Alex Sanford, (479) 855-8150 • alexs@bvvpoa.com
Darryl Muldoon, (479) 855-5170 • darrylm@bvvpoa.com

Spring 3 Person Scramble
May 30 - 31 • Highlands Golf Course
9 a.m. Shotgun. Entry Fees: $135.00 per team, $45.00 Per person, plus applicable green/cart fees. You may register by visiting one of our Pro Shops.

Golf Lessons
This is the year to get your golf game in shape! Learning how to play golf requires an instructor, just as students need a teacher and football players need a coach. The professional golf staff of Bella Vista have the knowledge and ability to prioritize the adjustments needed to give you a great swing. Each golfer holds a different set of skills, physical abilities and golf goals, which is why the staff believes it is imperative that students are treated as individuals. With countless years of teaching experience, the PGA and LPGA coaches have the patience to help every student improve and achieve their dream of better golf.

Both private and group lessons are available for players of all ages and skill levels. Private instructions are offered to students who desire a more one-on-one, personal approach to improving their game. For golfers who prefer a group setting, there are plenty of programs held right in Bella Vista!

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Golf News & Updates

Bella Vista 2020 POA Golf Calendar

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<tr>
<th>Date</th>
<th>Tournament</th>
<th>Course(s)</th>
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</thead>
<tbody>
<tr>
<td>May 15–17</td>
<td><strong>Couples Spring Mixer</strong></td>
<td>Cancelled</td>
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<tr>
<td>May 30–31</td>
<td>Spring 3 Person Scramble</td>
<td>Highlands</td>
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<tr>
<td>June 6</td>
<td>Golf Fest / Demo Day</td>
<td>Tanyard Creek</td>
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<tr>
<td>June 23</td>
<td>Cooper Communities Pro-Am</td>
<td>Country Club</td>
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<tr>
<td>July 10</td>
<td><strong>Brittany Par 3 Palooza!</strong></td>
<td>Brittany</td>
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<tr>
<td>July 25</td>
<td>All in the Family</td>
<td>Kingswood</td>
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<tr>
<td>August 1</td>
<td>Folds of Honor</td>
<td>Highlands</td>
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<tr>
<td>August 8</td>
<td><strong>Parent Child Championship</strong></td>
<td>Brittany</td>
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<tr>
<td>August 15–16</td>
<td>Men’s &amp; Senior Men’s Club Champ.</td>
<td>Country Club</td>
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<tr>
<td>August 22</td>
<td>Alzheimer’s Golf Classic</td>
<td>Kingswood</td>
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<tr>
<td>September 12</td>
<td>Prostate Cancer</td>
<td>BVCC/Kings</td>
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<tr>
<td>September 19</td>
<td>The Superintendent’s Revenge</td>
<td>Dogwood</td>
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<tr>
<td>October 10</td>
<td>Rally in Pink</td>
<td>BVCC/Kings</td>
</tr>
<tr>
<td>November 11</td>
<td>Veteran’s Day</td>
<td>BVCC/Kings</td>
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** Denotes NEW Tournament

COURSE FUNDRAISERS

<table>
<thead>
<tr>
<th>Date</th>
<th>Tournament</th>
<th>Course(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 4</td>
<td>Friends of Highlands</td>
<td>Highlands</td>
</tr>
<tr>
<td>September 7</td>
<td>Friends of Dogwood/Brittany</td>
<td>Dogwood/Brittany</td>
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</tbody>
</table>

ALL PRO TOURNAMENT

<table>
<thead>
<tr>
<th>Date</th>
<th>Tournament</th>
<th>Course(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 24-28</td>
<td>Cooper Communities NWA Classic/APT</td>
<td>BVCC</td>
</tr>
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Cooper Communities Northwest Arkansas Charity Classic
Bella Vista – Country Club Golf Course The 2020 Cooper Communities NWA Charity Classic professional golf tournament is scheduled for the week of June 22, 2020 in Bella Vista at the Country Club golf course. The tournament is open to the public and spectators are encouraged to attend.

CALENDAR OF EVENTS:

Monday, June 22
All Day     Player practice at Country Club Golf Course
5 p.m.      Pro-Am Party and Silent Auction; BV Bar & Grill

Tuesday, June 23
7:30 a.m.   Morning Shotgun Start for Pro-Am Tournament; Country Club Golf Course
12:30 p.m.  Awards Ceremony after Completion of Golf Rounds
1 p.m.      Afternoon Shotgun Start for Pro-Am Tournament; Country Club Golf Course
5:30 p.m.   Awards Ceremony after Completion of Golf Rounds
6 p.m.      Junior Golf Clinic; Country Club Golf Course
6:30 p.m.   Pro’s Long Drive Contest; Country Club Golf Course on Hole 10

Wednesday, June 24
All Day     APT Professional Golf Tournament; Country Club Golf Course

Thursday, June 25
All Day     APT Professional Golf Tournament; Country Club Golf Course

Friday, June 26
All Day     APT Professional Golf Tournament; Country Club Golf Course

Saturday, June 27
All Day     Final Round of APT Professional Golf Tournament; Country Club Golf Course
1 p.m.      Awards Ceremony for Winner
Both BV Bar & Grill and Lakepoint are taking every precaution to provide a safe food preparation and delivery environment by continually sanitizing surface areas and daily checking and monitoring our team. Everyone has been asked to be screened if they show the slightest symptom.

Neighbors Gifting Neighbors
BV Bar & Grill is proud to offer this program to Bella Vista. Call the restaurant anytime and purchase a meal or gift card to be delivered to someone you know. Daily 11 a.m. – 8 p.m. (479) 855-5117

Sign Up for Dining Update
Get the latest Restaurant News and Specials emailed to you every Monday. Lakepoint and BV Bar & Grill offer Delivery and Curb Side Pickup! Go to: BellaVistaPOA.com/signup/

Tailgate Sunsets at Lakepoint
We want you to still enjoy the view! Enjoy your curbside order delivered to the top deck parking lot with a fabulous view of the lake and horizon. We will block every other space to observe safe social distancing. Thursday through Saturday 3 - 8 p.m. (479) 855-8110

You Can Still Use Your Loyalty Card!
Your Loyalty Card is still good for both delivery and curb side pickup. Just let us know when you call us at either BV Bar & Grill or Lakepoint.
Buy 6 food items and get the 7th free! Any-day, anytime. Must spend $10 or more per visit.
• This card can be used at Lakepoint and/or the BV Bar & Grill.
• One item per one visit only.
• Value of redeemable item cannot meet or exceed $20.

In times like these....
...we are a trusted source to care for, love, and see your family through the challenges of the day.
Aquaculture Program
1.1 million saugeye fry were produced. Fry were stocked in lakes Avalon and Norwood. Fingerlings are again being grown in the Berksdale golf ponds for June stocking in Lakes Ann and Windsor. Photo: Saugeye eggs from our hatchery at the Avalon Heated fishing Dock. The darker eggs (eye pigmentation) are close to hatching.

Spring Fish Sampling
Spring fish sampling has been postponed until fall in order to be safe and follow social distancing guidelines.

US Coast Guard Boater Safety Class
The annual US Coast Guard Boater Safety class has been canceled. Those needing the course can take an online version for a fee by going to www.boat-ed.com/arkansas/

Fishing Derby
The annual fishing derby at the Metfield Clubhouse pond has been postponed until late summer. A specific date has not been determined at this time.

The Marina at Lakepoint is Open
The Marina is open with the following hours in May:
• Monday: Closed
• Tuesday – Thursday 8 a.m. - 4 p.m.
• Friday, Saturday, Sunday 9 a.m. - 6 p.m.

We offer a full-service marina for Members and their guests including boat and kayak rentals, hunting and fishing license sales, live bait, tackle, gas, snacks and convenience items. Note: Guests who want to rent a boat or kayak must be accompanied by a Member or show a guest card. At this time pontoon and fishing boat rentals are limited to immediate members of your family.

The Marina - Bass Boat Rental Special
Fish for your lunch with our pre-season special! For just $35 you and a friend can rent our bass boat for 2 hours including the gas. This special is available through May 31 during our hours listed above. Note: You must be a POA Member or have a POA guest card to rent boats at the Marina. If you were born in 1986 or later you must also have proof of a taking a Boaters Safety course or have a boaters license. Call (479) 855-8182 to reserve.

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Recreation News & Updates

Outdoor Pools & Beach Status
At the time of this publication, we are still unclear about the future of our summer programs and facility use such as the outdoor pools and Beach. We are hopeful we will be able to open many of these facilities and hold some programs. To stay connected to the most up to date news about all things Recreation – Sign up for E-newsletters at BellaVistaPOA.com/signup.

Staying Fit in the Age of Social Distancing
The Recreation & Fitness Centers are closed and the best recommendations we have for the COVID-19 pandemic is to stay away from groups and limit our social exposure. So, what’s a person to do to stay active, manage stress and reduce boredom? Try the tips below:

Live-Stream Fitness Classes: Monday – Thursday at 9 a.m. go to the Bella Vista POA Facebook page and take a fitness class from home. We will offer a different class each day. You’ll also be able to go back later and view the class on YouTube.com or on the POA facebook page: facebook.com/bvvpoa

Trails: The Back 40, Little Sugar, Branchwood (paved) Trail, Tanyard Creek, and Lake Bella Vista (paved) Trail, and Razorback Greenway (paved) are all open. Biking, hiking, walking, and trail running are excellent ways to stay fit, and get outdoors for the necessary fresh air and vitamin D. Just remember to practice good social distancing when using the trails. Safety measures:
- 6 feet rule - Double that for riding behind someone
- Wash your hands after returning home

Kayak/Paddleboard: Whether you own your own kayak or paddleboard or want to rent one from The Marina at Lakepoint, paddling is a great way to enjoy spring, explore the lakes or creeks. Sanitizing rentals after each use will be done by staff. The Marina is open: Tuesday – Thursday 8 a.m. - 4 p.m. • Friday, Saturday, Sunday 9 a.m. - 6 p.m.

Disc Golf at Branchwood: Take time to play the 18-hole disc golf course at Branchwood park. You can play just a few holes or practice on the 18th green basket located to the left of the Branchwood Rec Center.

Download a Fitness App: There are several great fitness apps that are free. A favorite is the Nike Training Club (NTC)

Watch a YouTube Video: Search fitness videos.

Play with the kids: Take some time outside to play catch, frisbee or kick a soccer ball around. If you don’t have children just play like one.

Pushups, Squats and Lunges Oh My: Some of the most beneficial exercises for the total body include:
- Push-ups: If you find these difficult, try a wall push-up.
- Squats: Sit back with your weight back towards your heels and keep the chest open and lifted.
- Lunges: Try walking lunges alternating legs or simply do standing lunges. Work the right leg first, stepping forward to bring your right knee over the ankle. Repeat on left. Complete 10 repetitions on each side as a good goal to start with.
- Planks: Full body planks or modified on the knees works the core and the entire body.

Dance: Turn up your favorite music and dance! Dancing is a great way to get cardio exercise, burn calories and just have fun.
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Play Equipment Policy
Information regarding placement of play equipment—ACC Policies and Procedures
Manual, Chapter 5, Section 5.04F
http://www.bvacc.com/permits/hapter-5-design-standards/
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