Resolve to get stronger and work out smarter in 2017! The Recreation department is here to help with two great programs.

**Fitness 101 – Orientation:** Attend this one-time workshop and learn the basics on proper use of our cardio and strength equipment. Each class is limited to eight participants; class is free with a current POA photo ID, Silver Sneakers member card, or current Silver & Fit membership. Participants without these cards will be required to pay the daily facility use fee. Sign up at the centers listed below.

Class meets at the following locations and times in January:
- January 3 – Riordan Hall: 9:30 a.m.
- January 10 – Branchwood Rec. Center: 9 a.m.
- January 18 – Metfield Clubhouse: 2 p.m.
- January 23 – Riordan Hall: 1 p.m.
- January 31 – Branchwood Rec. Center: 9 a.m.

**Personal Training:** Ready to take your fitness routine to a new level? Know you need more guidance to achieve your goals? Personal Training gives you a dedicated certified trainer who can help assess and guide you. Sessions are generally 30 minutes in length outside of an initial visit with the trainer that may last up to 60 minutes.

- **Personal Training for the Active Senior:** Robert Williams has been in the fitness industry for 20 plus years and focuses on improving functional strength to improve daily living and activities for senior adults.
- Other personal trainers are available based on the individual’s goals and interests. Watch for more information at any of the POA fitness centers or call Recreation at 479-855-5073 if interested.

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**Dedication Ceremony**

The Dennis L. Harmon Booster Station was dedicated to Dennis L. Harmon for his 45 years of service with the Bella Vista Property Owners Association.

Dennis joined the BVVPOA November 16, 1971 as an equipment operator/field hand and rose to the position of Water Superintendent in 1982.

Dennis was instrumental in converting the water department from a manual operation system to an automated system along with converting manual water meter reading to a radio read system.
POA Board Member Candidates Needed for 2017 Elections

We need your help in recruiting interested and qualified candidates to participate in the 2017 POA board elections.

The POA continues to move forward with several important growth and renovation projects in 2017, and we need a strong and involved group of board members to work with our executive team in representing the interests of our expanding membership.

Three seats are available every election year, and Chief Operating Officer Tom Judson “encourages all property owners who would like to get involved and make a contribution to our community to consider running for the board.”

Five Steps to Run for the Board:

1. Any persons seeking to become a board candidate shall acquire a petition packet from Kyndall Ardoin, the Corporate Secretary at the Country Club (98 Clubhouse Drive), kyndalla@bvvpoa.com, or (479) 855-5012. Packets are available now.

2. Packets will include a petition statement and certification, a statement of compliance, a statement of understanding, and a release of information form which must be signed by the individual in order to be qualified as a candidate. The individual will receive a copy of Policy 1.10 titled Board of Director’s Ethics and Policy 1.11 titled Conflict of Interest. Also included will be a copy of the board member manual, the roles and responsibilities of a board member, and signature pages.

3. The candidate will then be responsible for obtaining at least 50 signatures of members in good standing who shall provide their address and sub-block-lot number. Sub-block-lot numbers may be found on members’ water bills or photo I.D. cards. While 50 signatures are required, the Association encourages candidates to acquire a few additional signatures in order to avoid any delays in the application process.

4. After obtaining the requisite signatures, the candidate shall deliver the signatures to the Corporate Secretary at the Country Club no later than January 10, 2017. As a courtesy, please submit the completed signature list as soon as possible. This will ensure adequate time is provided to validate such signatures. The signatures will be checked and upon completion of the vetting process the candidate’s name shall appear on the 2017 Board Election ballot.

5. The election of Directors will be held at the annual meeting on May 16, 2017.
Bias Bowling Club welcomes new players, so come and give it a try. Traditionally called lawn bowling, the aim of the game is simple: Get your bowls as close as possible to a small white ball, called the “Jack”. It might sound easy, but the fact that the bowls do not travel in a straight line seriously adds to the tactical challenge. Bias Bowling is played on a large rectangular synthetic surface known as the bowling green. The Jack is rolled to one end to serve as the target, then players take turns to roll their bowls to the Jack. Closest bowls earn points for their teams. First team to 21 wins.

Players meet at Riordan Hall every Tuesday at 12:30 p.m. for team matches. Teams are chosen at random. For members with a current POA Photo ID, admission is free. Members without a Photo ID, and for sponsored guests, need to pay a $2.25 facility use fee. For more information, please call Riordan Hall 479-855-8170.

New Universal Fitness Class Punch Card

Whether you already attend Zumba class, want to try a yoga class or just want to manage one less card in your wallet ---we’ve got you covered with the new Universal Fitness Class Punch card. Beginning in January all POA Fitness and indoor Water Fitness Classes will be universally priced across Branchwood, Riordan, and Metfield Rec. Centers and the same punch card will work for just about any class at any location. Purchase a Universal Fitness Punch Card for $30, which is good for any 10 classes. If you prefer to pay a drop-in fee, each class is $4. Save $1 a class with the new Universal card. Note: If you do not have a POA photo ID, an additional $2.25 fee is charged for facility use per visit.
Golf Pond Aquaculture Update

The Bella Vista Lakes Department is nearly a year into the experimental use of golf course ponds to produce fish to augment populations in our seven lakes. Survival through the heat of the summer was the biggest threat to success and we passed that test with two rather difficult species: walleye and black crappie. To date, 3,800 crappie in the 4 – 6 inch class have been harvested and distributed to lakes Brittany, Rayburn, and Avalon. About 100 walleye have been distributed to Lake Avalon. Permitting issues delayed stocking of walleye until October. The optimal time for stocking walleye would have been early June when up to 50,000 would have been available. This issue has been corrected going forward.

We were lucky in that the ponds were of the proper size and depth for fish production. Additionally, each can be filled by pumping creek water. Removing all “wild” fish prior to this project proved to be a challenge, but we have found unique ways to accomplish this as well.

We have identified some improvements that could be made to increase production and aid in harvest. Drain lines will be installed and pond bottoms will be sloped in order to facilitate proper draining. Two additional ponds have been identified that would make good candidates for aquaculture. Plans are to bring them into production next year. With four ponds operating at full capacity, $100,000 in fish value could be produced each year to benefit Bella Vista lakes.

We almost have the capacity to be self-sufficient in producing our own fish. In addition to crappie and walleye, redear sunfish, channel catfish, and hybrid striped bass can be produced. We plan to acquire hatching jars, tanks, and pumps this winter and will be ready to produce fish at a higher level, come spring. We are very excited by the success of this project and look forward to expanding it in 2017.

Bella Vista Pride License Plates $1.50

Bella Vista Pride license plates are now available for purchase at both Member Services offices and at Riordan Hall.
Bella Vista has a new tournament schedule including the debut of the Men’s Bella Vista Cup Series, a monthly Bella Vista Men and Women Senior Open, Couples 9 and Dine and our annual Bella Vista Men, Women and Senior Club Championships. There is plenty of opportunity for everyone to participate, enjoying new fun formats with their golf groups.

The debut of the Bella Vista Cup Series is a chance to showcase those of you who enjoy playing in a variety of events at each of our six exceptional courses. The BVCS consist of six different formats that are all flighted by handicap and will include a Regular Division, Senior Division (65-74) and a Super Senior Division (75 and older). The conclusion of the BVCS events will contain our annual Bella Vista Cup Match Play Championship that will consist of the top 40+ players (depending on size of field) with the most BVCS points. This event begins with a Friday evening Pairing and Cocktail Party followed by 3 nine-hole match play event on Saturday and concludes with an 18-hole match play contest on Sunday.

There are two ways to earn BVCS points. The first is participation points that will be awarded every time you play in a BVCS event. Points will also be awarded to the top three Gross and Net finishers within each flight of every tournament. Members can also guarantee a spot in the final Match Play Championship when they participate in five of the six events. Stay tuned for more information and make sure you mark these events on your calendars.

Another exciting event will be our monthly Senior Open event on the first Saturday of each month. This affordable one-day event is open to both Bella Vista Members and Non-Members alike who are 55 years of age or older. The Senior Open will include both a Men’s Division and a Women’s Division allowing everyone the opportunity to participate. All teams will be flighted based upon handicap and we will also have a Super Senior Flight (75 and older) for both Men and Women. Formats for the Senior Open will consist of Two Person Scramble, Individual and Team Modified Stableford, Three Person Scramble and other fun formats.

We are hoping to bring back the prestige of saying you won the Bella Vista Club Championship by debuting three new Championships. All of these stroke-play events will be for Bella Vista Members only and include flights based upon handicap. The Men’s Senior Club Championship will include three Divisions consisting of the Championship Division (50 and up), the Senior Division (age 65-74), and the Super Senior Division (age 75 and up). The Men’s Club Championship as well as the Women’s Club Championship will be designed to determine the best golfers Bella Vista has to offer. In addition to winning the Crystal Cup and having your name engraved on our Club Championship plaque, our Men’s, Women’s and Senior Club Champions (gross score) will receive a reserved parking spot at a facility of their choice.

The Couples 9 & Dine will be a relaxing evening on the course followed by dinner in our newly renovated Bella Vista Clubhouse. The monthly event, beginning in August, will consist of different formats flighted by handicap. Please note that you don’t have to register as a couple as the golf staff will happily make pairings. We encourage everyone to participate, whether or not you register with another person. The Couples 9 & Dine is a fun-filled event that fills up quickly.

Bella Vista golf supports golfing in casual and competitive formats. Everyone is encouraged to participate no matter his or her ability.

As the late great Arnold Palmer said… “It’s a funny thing, the more I participate the luckier I get.”

On behalf of the entire Golf Operations Team, thank you for your continued support of Bella Vista.
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